

# RIVER VALLEY CHURCH

## The Answer To Stress

Pastor Rob Ketterling

### Key Points:

- We want to have people see Jesus for Salvation
- Run to Jesus in the midst of the storm
- Keep your eyes fixed on Jesus in the Stress

### Main Scripture Reference(s):

- John 3:3/ Matthew 14:22-33/ 1 Peter 5:7/ Philippians 4:6

### Discussion Questions:

1. Have you allowed the fog and the smog of life to interrupt you from seeing Jesus?
2. What storms are you currently facing in your life? How are you weathering the storm by looking directly at it or by looking at Jesus?
3. In the daily stress that you are facing how will you remove the smog in your life to focus on Jesus?

