

# PHILIPPIANS 4 YOU

## Sermon Discussion Guide

### *Part 2 - Pastor Rob Ketterling*

#### **Let's Recap:**

Philippians is the most heartfelt letter the early church leader, Paul wrote to the first church he helped start in Europe. The church fell on rough times, and Paul realizes he has a God-ordained opportunity to encourage these new Christians to live out the faith in the face of doubt and division. Over the next couple weeks, we are taking a deeper look at this letter with the hope of seeing how God speaks to us today.

#### **Tune In:**

To prepare for our discussion, please read Acts 4:4-7, Philippians 4:4-7, and Proverbs 17:22.

#### **Go Deep:**

- As followers of Jesus, we are invited to be full of joy. Is there anything in your life that may be stealing your joy and causing you to be anxious? How can you encourage one another to overcome the joy-stealers in our life?
- Joy rises above our circumstances. Paul says later in this letter that he can do all things through Christ who gives him strength. Do you have an example of how you've been able to rise above your circumstances to live in the joy of God?
- Pastor Rob gave a powerful illustration of thanking God in advance for the good things He's doing and has in store for our lives. Where are you thanking God in advance for right now?

#### **Live Out:**

As you close your group, pray the following verse together.

"Rejoice in the Lord always. I will say it again; Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

