

PLEASE FORGIVE ME

Sermon Discussion Guide

Part 5 - Pastor Rob Ketterling

Let's Recap:

Pastor Rob talked about **forgiving ourselves** this weekend, concluding our series on forgiveness. Often we understand forgiveness and can forgive other people, but forgiving ourselves for what we've done can keep us from moving forward. Voices around us can keep us stuck feeling condemned for what we've done, and the devil tries to beat us up for our past shortcomings.

Tune In:

To prepare for our discussion, please read John 8:9-11, John 21:15-17, 2 Corinthians 5:17, 1 John 1:9, & Psalm 103:12.

Go Deep:

- How have you struggled to forgive yourself for something you've done? Why do you think it's so difficult?
- How do you think our culture's expectation of perfection holds us back from forgiving ourselves?
- The enemy wants us to remember our faults. How can we remind ourselves daily that God has forgiven us?
- What do you think the difference between guilt and shame is?

Live Out:

When people don't understand the forgiveness of God, we self-disqualify ourselves and we struggle to move forward. It keeps us from living the life God intended because we don't see ourselves as someone who God considers worthy. God desires connection with us, not perfection from us. We don't have to live in the trap of seeking perfection. Because of Jesus, we are no longer due the punishment for our sins. We should feel guilty for our sin, but our guilt should draw us to the cross. When we understand that we're forgiven, we can boldly fulfill the mission that God has for us.

