

21 DAYS OF PRAYER AND FASTING

Sermon Discussion Guide

Pastor Rob Ketterling

Let's Recap:

This weekend, we kicked off 21 Days of Prayer and Fasting as a church. We believe that God's supernatural power is real, and that when we fast and pray we are able to connect with Him on a greater level. Fasting is voluntarily going without food—or any other regularly enjoyed, good gift from God—for the sake of a spiritual purpose.

Tune In:

To prepare for our discussion, please read Matthew 6:33 & Luke 11:1.

Go Deep:

- What does prayer mean to you? How have you connected with God through prayer?
- While God gives us a lot of amazing gifts and blessings, the message of Jesus also asks that we give things up for Him. Why do you think God wants us to give things up?
- What are you believing and dreaming for in 2019? Take some time to share with the group what God is speaking to you about this next year.

Live Out:

Jesus invites His followers to fast, and we fast in this life because we believe in the life to come. We fast from what we can see and taste, because we have tasted and seen the goodness of God—and are desperately hungry for more of Him. So take a step of faith, pray without ceasing, and watch God move in your life, our church, and the world!

Download the River Valley Church app for daily videos to inspire you throughout 21 Days of Prayer & Fasting.

