

# LOVE > LUST

## Sermon Discussion Guide

Part 3 - *Pastor Rob Ketterling*

### Let's Recap:

This weekend, Pastor Rob concluded the Love > Lust series by cautioning us to be aware that the culture does affect every one of us and we all need to take steps to move away from the acceptable to what God's word says is advisable.

### Tune In:

Ice Breaker: Does your current (or a former) employer have any guidelines in place that honor purity or protect marriages? Do they have guidelines for any areas outside of the workplace? If you have any knowledge about why your company has these in place, please share that as well.

To prepare for our discussion, read 1 Corinthians 6:14-20, Ephesians 2:8, 9, 2 Timothy 2:22, Romans 13:14, Philippians 4:8, Psalm 90:14, and Romans 12:11.

### Go Deep:

- Often God makes us aware during a weekend message of something that we were formerly numb to, looking past or ignoring. Did the Holy Spirit raise your awareness of anything in particular this weekend?
- Pastor Rob walked us through an acronym Pastor John Piper developed for fighting lust: **ANTHEM**. Take the rest of the time to review and discuss each part of the acronym and share your thoughts on them.

**A** - Avoid Situations

**N** - Say No within 5 seconds

**T** - Turn your mind toward Jesus

**H** - Hold the Promise & Pleasure of Christ until the other image is pushed out

**E** - Enjoy a superior Satisfaction

**M** - Move into useful activities

### Live Out:

As we pursue purity, we can't forget to root ourselves in God's word. This week work at memorizing Philippians 4:8. Write it down daily or print it out and place it around your home and workplace. Say it out loud before you get out of bed in the morning and when you lie down in the evening.

