

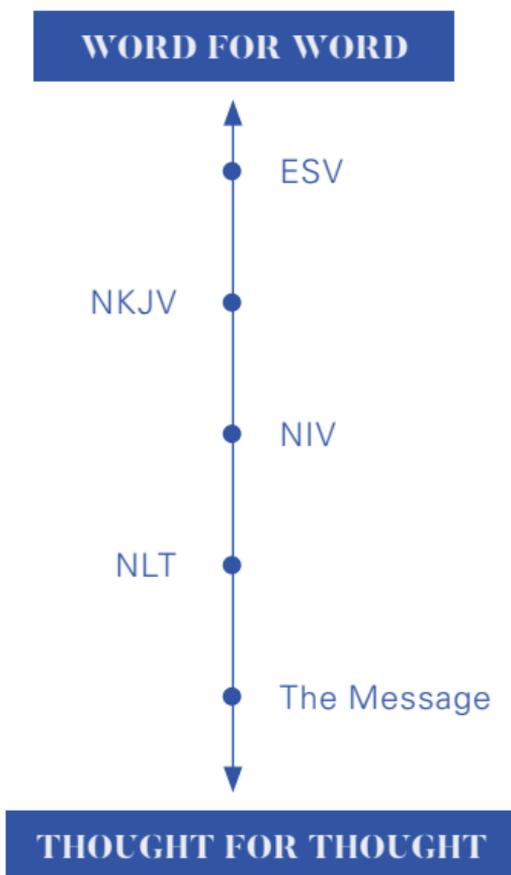


# 21 Days of Prayer & Fasting

2018

# Bible Translations

With a selection of Bible translations available for you to choose from, it may be helpful to know the basic differences between each. Reference this guide to help narrow down your search and find the Bible translation that best suits your needs. Word-for-word translations attempt to match the original language with the English language counterpart. Thought-for-thought translations attempt to connect ideas behind each phrase or sentence with a similar idea in the English language.



# 21 Days of Prayer & Fasting

As we embark on a new year at River Valley, we want to make it a priority to seek God first in prayer and fasting. We do this collectively as a church through 21 Days of Prayer and Fasting. Together, we faithfully seek God first, trusting in His power alone to create lasting impact in our lives, our church, and our world.

This resource is designed to help you walk with our church for the next 21 days. Each day has a specific prayer focus, a verse to reflect on, and a space to write down any thoughts, dreams, and prayers God lays on your heart. At the back of this resource, you will also find some helpful tips on prayer and fasting.

Thank you for partnering with our church as we seek God intentionally for the next 21 days.

## **The best is yet to come!**

**This book belongs to:**

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# January 7

*PRAYER FOCUS*

## **The Presence of God in all we do**



Then Moses said, “If you don’t personally go with us, don’t make us leave this place. How will anyone know that you look favorably on me—on me and on your people—if you don’t go with us?

For your presence among us sets your people and me apart from all other people on the earth.”

**Exodus 33:15-16**



# January 8

*PRAYER FOCUS*

**Our Lead Pastor and his family  
Pastor Rob, Becca, Connor,  
Logan, and Mikayla**



And I will give you shepherds after my own heart, who will guide you with knowledge and understanding.

**Jeremiah 3:15**



# January 9

*PRAYER FOCUS*

## Woodbury Campus



And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.

**Philippians 1:6**



# January 10

*PRAYER FOCUS*

**The next generation of leaders in  
Go Kids, YTH, RVLI, and 20+**



Don't let anyone think less of you because you are young. Be an example to all believers in what you say, in the way you live, in your love, your faith, and your purity.

**1 Timothy 4:12**



# January 11

*PRAYER FOCUS*

## Apple Valley Campus



God has given each of you a gift from His great variety of spiritual gifts. Use them well to serve one another.

**1 Peter 4:10**



# January 12

*PRAYER FOCUS*

## **Global Project and sending 500 missionaries**



So pray to the Lord who is in charge of the harvest; ask Him to send more workers into His fields.

**Matthew 9:38**



# January 13

*PRAYER FOCUS*

## **Minneapolis Campus**



The members of the council were amazed when they saw the boldness of Peter and John, for they could see that they were ordinary men with no special training in the Scriptures. They also recognized them as men who had been with Jesus.

**Acts 4:13**



# January 14

*PRAYER FOCUS*

## Inspiring Weekend Services



Let us think of ways to motivate one another to acts of love and good works. And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.

**Hebrews 10:24-25**



# January 15

*PRAYER FOCUS*

## Shakopee Campus



For you have been called to live in freedom,  
my brothers and sisters. But don't use your  
freedom to satisfy your sinful nature. Instead,  
use your freedom to serve one  
another in love.

**Galatians 5:13**



# January 16

*PRAYER FOCUS*

## Living a life of authenticity



Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.

**James 5:16**



# January 17

*PRAYER FOCUS*

## **Crosstown Campus**



And each day the Lord added to their fellowship those who were being saved

**Acts 2:47**



# January 18

*PRAYER FOCUS*

**Future Christian leaders,  
our Conference, and River Valley Network**



Do your best to present yourself to God as one approved, a worker who does not need to be ashamed and who correctly handles the word of truth.

**2 Timothy 2:15**



# January 19

*PRAYER FOCUS*

## **Minnetrista Campus**



Then the Lord took Abram outside and said to him, "Look up into the sky and count the stars if you can. That's how many descendants you will have!" And Abram believed the Lord, and the Lord counted him as righteous because of his faith.

**Genesis 15:5-6**



# January 20

*PRAYER FOCUS*

## Local service and outreach opportunities



So let's not get tired of doing what is good.  
At just the right time we will reap a harvest  
of blessing if we don't give up.

**Galatians 6:9**



# January 21

*PRAYER FOCUS*

## Living generously with our finances



They are to do good, to be rich in good works, to be generous and ready to share, thus storing up treasure for themselves as a good foundation for the future, so that they may take hold of that which is truly life.

**1 Timothy 6:18-19**



# January 22

*PRAYER FOCUS*

## **Faribault Campus**



And because of His glory and excellence, he has given us great and precious promises. These are the promises that enable you to share his divine nature and escape the world's corruption caused by human desires.

**2 Peter 1:4**



# January 23

*PRAYER FOCUS*

## **River Valley Pastors, Elders, and Deacons**



Obey your spiritual leaders, and do what they say. Their work is to watch over your souls, and they are accountable to God. Give them reason to do this with joy and not with sorrow. That would certainly not be for your benefit.

**Hebrews 13:17**



# January 24

*PRAYER FOCUS*

## Eagan Campus



But don't just listen to God's word. You must do what it says. Otherwise, you are only fooling yourselves.

**James 1:22**



# January 25

*PRAYER FOCUS*

## **Thriving marriages and families**



Let every wife be supportive and tenderly devoted to her husband. Let every husband be filled with cherishing love for his wife. Let the children respect and pay attention to their parents in everything for this pleases our Lord Jesus

**Colossians 3:18-20**



# January 26

*PRAYER FOCUS*

## Swaziland Campus



If my people who are called by my name  
humble themselves, and pray and seek my  
face and turn from their wicked ways, then I  
will hear from heaven and will forgive  
their sin and heal their land.

**2 Chronicles 7:14**



# January 27

*PRAYER FOCUS*

## Unity in our church and the Church at large



I appeal to you, dear brothers and sisters, by the authority of our Lord Jesus Christ, to live in harmony with each other. Let there be no divisions in the church. Rather, be of one mind, united in thought and purpose.

**1 Corinthians 1:10**



# Prayer

Here are a few ways you can begin a powerful and personal daily prayer time with God.

## **1. Pick a time and place.**

We can pray anytime, anywhere. We should pray spontaneously, but we also shouldn't leave prayer up to spontaneity. Pick a consistent time when you can be alone with God.

## **2. Listen before you speak.**

Prayer is a conversation. Just as God speaks to us through the Bible, He is listening when we pray. When you sit down to pray, let God have the first word.

## **3. Prioritize the spiritual.**

We should spend as much time praying for our souls, for the salvation of our loved ones, and for the spread of the gospel as we pray about anything else.

## **4. Ask for anything.**

Jesus invites us to keep asking, interceding, and praying. God knows what's best for you, and He's listening, so don't be afraid to pray and ask Him for anything!

# Fasting

## What is Fasting?

Fasting is voluntarily going without food—or any other regularly enjoyed, good gift from God—for the sake of a spiritual purpose. Jesus invites His followers to fast, and we fast in this life because we believe in the life to come. We fast from what we can see and taste, because we have tasted and seen the goodness of God—and are desperately hungry for more of Him. So take a step of faith, pray without ceasing, and watch God move in your life, our church, and the world!

## Scripture References

Matthew 6:16-18, Matthew 9:14-15,  
Luke 18:9-14, Acts 27:33-37, Nehemiah 9:1-3

## Types of Fasts

- » **Seeking Fast:** fasting to seek God with more intensity and more intentionality
- » **Breakthrough Fast:** fasting to break bondage or find freedom in your life
- » **Favor Fast:** fasting for a situation where you need the favor of God
- » **Gratitude Fast:** fasting to express thankfulness to God for His love
- » **Discernment Fast:** fasting for a major decision you have to make
- » **Dream Fast:** fasting to receive God-sized dreams for your future



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