

Sermon Discussion:

Red Letter Questions, Part I

Let's Recap:

At the beginning of our new series *Red Letter Questions*, Pastor Rob Ketterling spoke about one of things Jesus spoke about most—worry. Worry is something that is part of our everyday lives, and will consume our decisions and guide our lives if we are not careful. It is possible to live worry-free, because Jesus is bigger than any of the things we worry about!

Tune In:

Take a moment to read Matthew 6:25-34 in order to prepare for your discussion.

Go Deep:

1. What are some of the things that you find yourself worrying about on a daily basis? Are they big, or small things?
2. "Worrying will not add one day to your life". If this is true, why do we worry so much about things (big and small)?
3. Jesus' words, "Do not worry" are not only possible, but the way we were meant to live life. How can we transition our worry and give it to Jesus, so that we can live worry-free?

Live Out:

Anxiety and worry are in our lives, even if we know it or not. It can spring up at the oddest times, even when we don't expect it too. Jesus didn't ask us to bury our anxiety and fear, because we will all face it, and doing that only makes things worse. Instead, we ought to give our fears and our worries to him.

This week, ask Jesus to show you what your fears are. Ask him to intervene in the midst of your worries, and rely on His strength in it's place!